## is a multi-disciplined transformative change process, developed by Monica Brown, Donna Fyffe and Hilary Musgrave

offering an intentional way of exploring personal, communal and systemic transformation rooted in prayer, ritual, input, and communal processes.

Thresholds of Transformation is deeply grounded in our Universe Story and in the spirituality of the Universal Cosmic Christ as articulated in Laudato Si.

Committed to facilitating a vital shift in our human consciousness, Thresholds of Transformation's vision is to collaborate with women religious in fostering:

- contemplative awareness,
- unity of purpose
- courageous commitment to Laudato Si's challenge to honor our "moral imperative" to contribute to a new world order of integral ecology





## Thresholds of Transformation is committed to

providing a transformative change process that brings forth inner and outer behavioral change manifested in new ways of being, relating and acting at a personal, communal and systemic level. This inner and outer behavioral change is enabled by:

- Communal participation in 7 Pathways which are presented in online video format, integrating inspirational reflections, personal and group interactive processes, embodied prayer and ritual, imagery and music:
- Specific communal processes designed in the belief that, unless the personal journey is addressed, communal transformation will not flourish. "If we want the world to change then first our hearts must change" (Pope Francis, Homily 25 March 2022).
- Calling forth a new awakening and deeper consciousness of heart, mind and behavior that can shape and contribute to a new world order.



## It is our hope that Thresholds of Transformation will gift you with:

- A renewed appreciation of our kinship with our Universe and the sacred mystery of its innate gifts for personal and communal transformation
- The strengthening of your personal and communal relationships through a deeper appreciation of the spiritualities of the heart and vulnerability, broken open through reflection, imagery, ritual, music and shared dialogue
- Being part of a global movement that is intentionally committed to fostering a new world order of integral ecology

For more information please contact

Thresholds of Transformation at Emmaus Productions:

adminTT@emmausproductions.com



## Thresholds of Transformation's 7 Pathways

Pathway 1
The Mysteries of Our Universe
Our Oldest Knowing

Pathway 2

Spirituality of the Heart

Wholeness Integrating
Mind and Heart

Pathway 3
Spirituality of Vulnerability
Where Fear and Courage Meet

Pathway 4
The Transformative Gifts
of Our Universe

Our Innate Capacity for Transformation

Pathway 5
Transformation of the
Collective Soul

The Spirit and Heart of Communal Transformation

**Pathway 6 Systemic Transformation**A Non-Dualistic Way

Pathway 7
Weaving the Threads Together
Ongoing Transformation

Contributing to an evolving new world order of integral ecology as prophetically articulated in Laudato Si.