



REMEMBER
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IMAGINE



CATHOLIC
THEOLOGICAL
COLLEGE



UNIVERSITY
OF DIVINITY

Teaching Meditation and Prayer



2023 Online intensive unit over four Saturdays

This unit develops skills to teach meditation and prayer in a variety of contexts. Students will explore various approaches with a focus on silent meditation and establishing places of silence in a contemporary context.

Students will engage in practical experience in teaching meditation and prayer in a variety of contexts, such as, schools, hospitals, youth groups, parish groups, universities, aged-care facilities, retreat centres and homes.

Teacher Accreditation

This unit may be eligible for maintaining accreditation to teach in a Catholic School. Teachers should check with their local education office.

This unit forms part of the [Graduate Certificate of Teaching Meditation](#) which is recognised by [Meditation Australia](#).



Registered Training Course

DATES:

17, 24 June; 7, 14 October

TIME:

10am – 4.30pm

+ 12 hours asynchronous learning
view the [2023 timetable](#) for more information

You can enrol:

- as an audit student (no assessment/credit) fee: \$650
- at undergraduate level: fee: \$1,861
- at postgraduate level: fee: \$2,882

Fees may be paid through FEE_HELP when units are part of a University of Divinity award.

Lecturer

[Dr Christopher Morris](#) is Head of the Department of Pastoral and Spiritual Studies at Catholic Theological College.

Contact the Registrar for more information and enrolment appointments.
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CRICOS: 01037A