Remembering Re-entering Remeaving

## **ABOUT THE RETREAT**

This retreat will provide opportunities for participants to reflect on their crosscultural experiences and the joys and challenges faced when returning to their home culture.

Facilitated by Nicole Rotaru RSM and Cathy Solano RSM.



**Nicole Rotaru RSM** 

# **COST** \$1,050pp

### LOCATION

St Joseph's Baulkham Hills 33 Barina Downs Rd Baulkham Hills NSW



**Cathy Solano RSM** 

#### **COMMENTS FROM PAST PARTICIPANTS**

I valued the creative way in which the process unfolded. It helped me look at issues using a different approach from my normal way of reflecting and this was valuable.

Being part of a group is very worthwhile. As you hear the stories of others, you bond as a group and find a lot of personal support at the same time. Others offer insights that I hadn't seen. There is time for personal space and just enjoying a break. I valued that it was a more playful time after a long period of more 'work' time and this respite in itself was a real gift.

It's good to mix with others who are making a transition in some form as it offers support and encouragement. Coming on the Re-entry Retreat is a statement that you are open to surprises. Life is changing, and you are looking at what you have learned and what is opening up before you. Come with openness and allow whatever happens to occur. The benefits may come during the retreat, but sometime later as well. Just being present is a gift in itself.

Have your hopes and expectations for the retreat, but hold them lightly. They may be met, but other things might be discovered that open new doors as well. Sharing sacred stories...reminiscing, laughing and crying in a safe, compassionate and empathetic environment was a graced time. Being with fellow missionaries and accompanying each other on our journey in transition was an absolute gift.

I highly recommend the Re-entry Retreat ... the prayerful, spiritual and professional accompaniment provided the space for me to honour where I have been and to live in the present with gratitude and hope. I have been blessed with new friendships forged with companions on the journey.

Kate O'Neill RNDM

#### **ADDITIONAL INFORMATION**

Maximum number of participants is six.

To apply, please contact Cathy Solano RSM at <u>cathy.solano.11@gmail.com</u> or on 0437 466 808.

https://www.stjosephscentre.org.au/program/reentry-retreat/

Peter Dowling CFC