

Media Release

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Challenge yourself and walk with One Foot Raised

Blaze your own trail and get moving to help change lives with Jesuit Mission's new supporter event, One Foot Raised.

Commencing in the month of July, One Foot Raised challenges participants to walk and raise funds for Jesuit Mission using a peer-to-peer online platform.

Sign up as a school, parish, a group of friends or set your own pace as an individual, with the option to walk for one day, one week or spread it out over the month of July, coinciding with St Ignatius Day on 31 July.

This is an opportunity to draw further inspiration from St Ignatius the Pilgrim. We walk because Ignatius walked, we walk because Jesuit Missionaries walk alongside the marginalised and we walk because many children in Jesuit Mission supported schools walk long distances each day to gain a quality education.

All proceeds from One Foot Raised go directly towards supporting at-risk communities in over 10 countries in Asia and Africa, including Cambodia, Timor-Leste, India, Myanmar, Thailand, Malawi and more.

"Let's walk in solidarity with our sisters and brothers overseas, many of whom have to walk for hours to access water, a quality education and healthcare. Together we can help change their situation for the better," said Helen Forde, CEO of Jesuit Mission.

\$100 can provide a week's supply of food and water for a refugee family.

\$250 can fund a child's school fees in a village for one year.

Set your goals (6km, 23km or 100km) and get ready to make your mark.

It's easy to sign up, take on the One Foot Raised challenge at onefootraised.org.au

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Blaze your own trail

Caption: Set your distance and get moving to help change lives with Jesuit Mission.



Caption: Together we can support young people living in refugee camps in Thailand like Paw Meh, to receive life-changing education and opportunity.



Caption: Thanks to Jesuit Mission supporters, education for young girls in India is becoming more accessible.

Supporting Links:

One Foot Raised Home Page

<http://onefootraised.org.au>

About Jesuit Mission



Jesuit Mission works in over 10 countries across Asia and Africa to uphold the innate dignity of people living with the effects of poverty, especially the most marginalised and vulnerable. Funds from our supporters:

- Break cycles of poverty through teaching and education
- Protect the health of communities by providing medical care and programs that improve access to clean water and toilets
- Develop independent, sustainable communities through livelihood training and income-generating projects
- Provide vulnerable individuals with pastoral care, social inclusion and advocacy
- Support refugees in crisis
- Enable effective disaster response and relief around the world, including supporting those fleeing the crisis in Ukraine.