



Lazaretto

“I am with you always”

2023 CALENDAR

Ritual & Prayer Resources for Aged Care & Hospital Ministry



Ritual & Prayer Resources for Aged Care & Hospital Ministry

■ Residents ■ Patients ■ Families & Carers ■ Staff

www.lazaretto.com.au

Why Lazaretto?

A spirituality of our aged people recognises that those in this stage of life continue to strive to make sense of their lives: *What am I here for? What is my life all about?*

There is a beautiful Hasidic saying which goes: "For the unlearned, old age is winter; for the learned, it is the season of the harvest". Erik and Joan Ericson describe this stage of life as the effort to strike a balance between integration and despair.

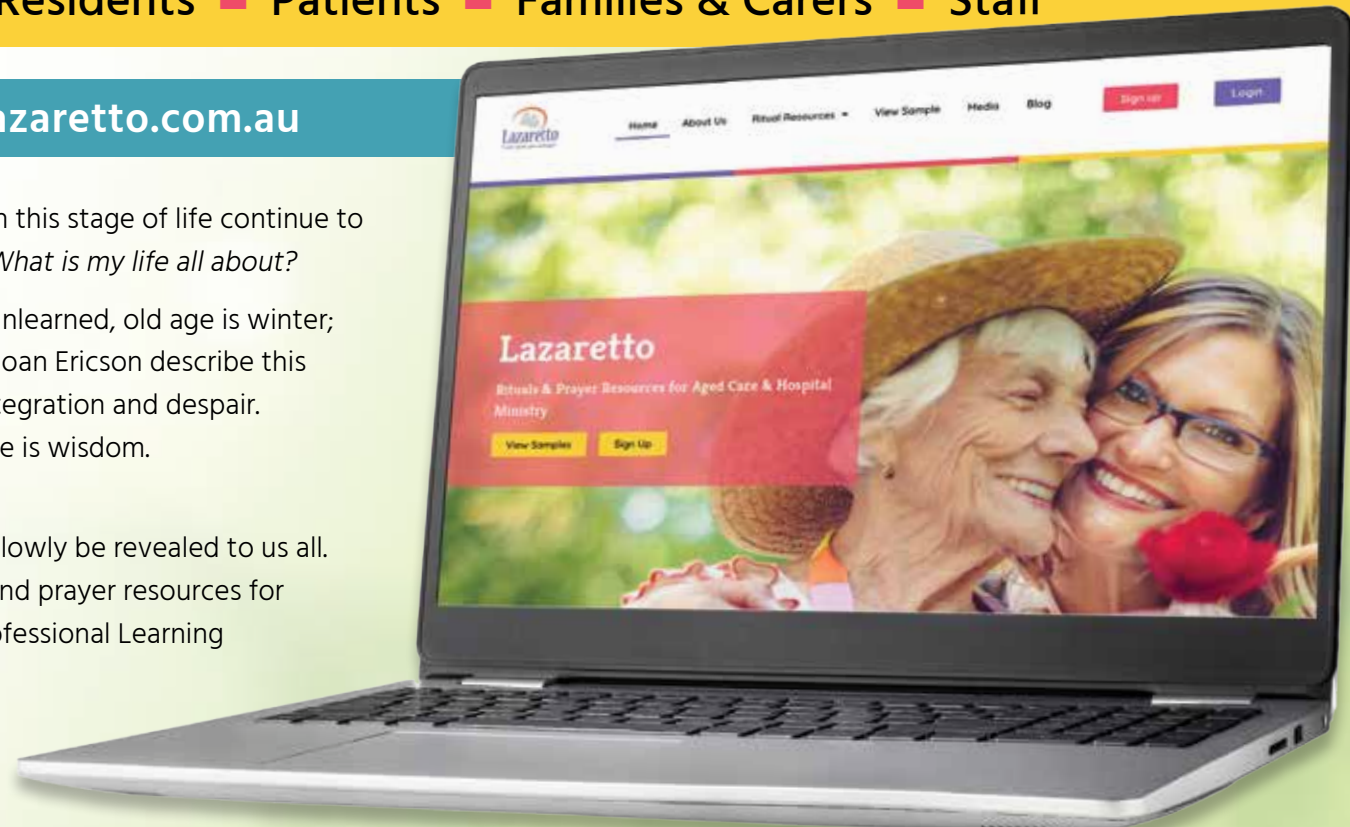
They observe that the virtue attached to this stage of life is wisdom.

"Being present" is a great gift to offer another person.

Ritual can create a space where the mystery of life can slowly be revealed to us all. It is into this space that Lazaretto enters offering ritual and prayer resources for aged care and hospital ministry. Lazaretto also offers Professional Learning to Pastoral Care staff.

Welcome to Lazaretto!

"I am with you always". **Matthew 28:20**



*I know what I'm doing. I have it all planned out - plans to take care of you, not abandon you, plans to give you the future you hope for. **Jeremiah 29:1***



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Pastoral Care training days for aged care ministry.

Touching the Edge

SPIRITUALITY • FORMATION • RESOURCES



'Touching the Edge' is taken from the eighth chapter of Luke's Gospel and refers to the healing of the woman whose life is changed by touching the edge of Jesus' cloak:

"Daughter, you took a risk trusting me, and now you're healed and whole. Live well, live blessed!" Luke 8:43-45

Touching the Edge is a unique workshop for pastoral care staff, chaplains, volunteers, and all involved in a ministry of service within aged care facilities and hospitals that breaks open the ever-present and unfolding mystery of God's transformative love in our lives.

Touching the Edge provides spiritual, theological and practical formation for you in your ministry of health and/or aged care, and will equip you with the tools and strategies for ministering to those most vulnerable in our community. Using meaningful prayer and ritual, reflection, sharing and discussion, story and song, **Touching the Edge** will help to enhance the lives of those you encounter and support.

Make time for your own well-being through this dedicated program designed to enrich your ministry.

"To pray together, to help one another, to share life stories, common joys and struggles, this is what opens the door to the work of God." **Pope Francis**

The **Touching the Edge** workshop will equip you with the tools you need to enhance and empower your ministry.



Contact the **Lazaretto** team to see how **Touching the Edge** can be added to your 2023 professional learning calendar.



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Friendships serve as a safeguard against isolation and loneliness. Friends offer us emotional support, mental stimulation, shared memories, and fun. Friendships require time, attention, and nurturing but the effort is worthwhile. Studies show that people in the second half of life who maintain friendships are happier and healthier. Tell your friends how much they mean to you. Thank them for playing such an important role in your life. Pray for them. Ask them to pray for you.

January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Mary, Mother of God New Year's Day World Day of Peace	2 Saints Basil & Gregory	3	4 World Braille Day	5	6 World Day of War Orphans	7
8 Epiphany of Jesus	9 Baptism of Jesus	10 First United Nations General Assembly Opens (1946)	11	12	13 Saint Hilary Anniversary of First Mass in Aotearoa New Zealand	14
15 Second Ordinary Time Birth of Saint Mary MacKillop (1842, Fitzroy, Victoria) Birth of Martin Luther King Jr (1929, Atlanta, USA)	16 World Religion Day	17 Saint Anthony	18	19 Beatification of Mary MacKillop, Sydney (1995)	20 Saint Sebastian	21 Saint Agnes
22 Third Ordinary Time Word of God Sunday Chinese New Year	23	24 Saint Francis de Sales International Day of Education	25 The Conversion of Saint Paul, Apostle Pope John XXIII announces intention to convoke the Second Vatican Council (1959)	26 Australia Day Aboriginal Tent Embassy Established in Canberra (1972)	27 Saints Timothy & Titus Saint Angela Merici World Leprosy Day Holocaust Memorial Day	28 Saint Thomas Aquinas
29 Fourth Ordinary Time	30 Saint John Bosco	31	1	2	3	4

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Looking back allows us to recognise profound lessons in life. We see the times we fell down and how we stood up again. We see people we helped and people who helped us. We see moments of great hope, times of powerful healing, and situations where the only explanation for what happened was a miracle of God's grace. It is important to remember that we can look back, but we cannot go back. We can cherish memories, but if we keep wishing we were back in the past, our lives stall, and we cannot move forward.

February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 World Interfaith Harmony Week (1-7 February)	2 Presentation of Jesus World Wetlands Day	3 Saint Blaise	4 International Day of Human Fraternity World Cancer Day
5 Fifth Ordinary Time	6 Saint Paul Miki & Companions Waitangi Day, Aotearoa New Zealand	7	8 Saint Josephine Bakhita	9	10 Saint Scholastica World Pulses Day	11 Our Lady of Lourdes World Day of Prayer for the Sick International Day of Women & Girls in Science
12 Sixth Ordinary Time	13 Anniversary of the National Apology to the Stolen Generations (2008) World Radio Day	14 Valentine's Day Safer Internet Day	15	16	17 Random Acts of Kindness Day	18
19 Seventh Ordinary Time	20 World Day of Social Justice	21 Saint Peter Damian Shrove Tuesday International Mother Language Day Fair Trade Fortnight begins (21 February - 6 March)	22 Ash Wednesday Project Compassion begins World Thinking Day	23 Saint Polycarp	24 Loud Shirt Day (New Zealand) Supporting & Fundraising for Kids who are Deaf	25
26 First Sunday Lent	27	28	1	2	3	4

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What does God want? God wants us to be the best person that we can be with all of our strengths and all of our weaknesses. Each one of us is unique. God does not want us to try to be someone else. God does not expect us to do things that are beyond our abilities. God leads us in ways that are life-giving for the betterment of ourselves and other people. Think of ways the Holy Spirit has prompted you throughout your life to try something new.

March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	1 First day of Autumn Zero Discrimination Day Nuclear Free and Independent Pacific Day	2	3 World Day of Prayer World Wildlife Day Hearing Awareness Day International Day of Unplugging	4 Saint Casimir Day of Prayer & Penance for Victims of Abuse and Violence
5 Second Sunday Lent International Women's Day Clean Up Australia Day International Treaty on Non-Proliferation of Nuclear Weapons (1970)	6	7 Saints Perpetua & Felicity	8 Saint John of God International Women's Day	9 Saint Frances of Rome	10 International Day of Women Judges	11
12 Third Sunday Lent Founding of Canberra as Australia's Capital (1913)	13 Anniversary of Election of Pope Francis (2013) Commonwealth Day	14	15	16 National Close the Gap Day	17 Saint Patrick Patron of Ireland & Nigeria Death of Deacon Boniface Perdjert (2019) National Day of Action Against Bullying and Violence (Aust.)	18 Saint Cyril of Jerusalem
19 Fourth Sunday Lent Beginning of Sisters of Saint Joseph (Penola, SA) (1866)	20 Saint Joseph, Husband of Mary International Day of Happiness UN French Language Day World Storytelling Day	21 International Day for Elimination of Racial Discrimination Harmony Day International Day of Forests World Poetry Day	22 World Water Day	23 World Meteorological Day International Puppy Day	24 Saint Oscar Romero International Day for the Right of Truth concerning Gross Human Rights Violations and for the Dignity of Victims	25 Annunciation of the Lord Death of Caroline Chisholm (1877) Earth Hour (8.30 to 9.30pm local time)
26 Fifth Sunday Lent Mary MacKillop Place opened North Sydney (1995) Biological Weapons Convention (1975)	27 World Theatre Day	28	29	30 World Bipolar Day Rethink Mental Illness	31	1

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Each person's life tells a unique story, starting at birth and unfolding throughout the years. Our story contains loving relationships, personal growth, successes, failures, adventures, and a lot of ordinary day-to-day moments that become more precious with the passing of time. Our faith assures us that the Lord remains with us as each chapter unfolds to guide us, encourage us, comfort us, and love us unconditionally. When have you felt God's comforting, healing, and merciful love?

April 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1 April Fool's Day
2 Passion Sunday (Palm Sunday) World Autism Awareness Day Int. Children's Book Day Daylight Saving ends, 3.00am	3 Monday of Holy Week	4 Tuesday of Holy Week International Day for Mine Awareness and Assistance in Mine Action	5 Wednesday of Holy Week International Day of Conscience	6 Holy Thursday International Day of Sport for Development and Peace	7 Good Friday World Health Day International Day of Reflection on the Genocide in Rwanda	8 Easter Vigil
9 Easter Sunday	10 Easter Monday World Siblings Day	11 Easter Tuesday	12 Easter Wednesday International Day of Human Space Flight	13 Easter Thursday	14 Easter Friday	15 Easter Saturday
16 Second Sunday Easter	17	18	19	20 UN Chinese Language Day	21 Saint Anselm World Creativity & Innovation Day	22 International Mother Earth Day
23 Third Sunday Easter English Language Day World Book & Copyright Day	24 Int. Day of Multilateralism and Diplomacy for Peace Foundation Day Sisters of St Joseph Whanganui NZ (1880)	25 ANZAC Day Opening of First United Nations Conference (1945)	26 Saint Mark, Evangelist	27	28 Saint Peter Chanel Patron of Oceania World Day for Safety and Health at Work Pay It Forward Day	29 Saint Catherine of Siena Day of Remembrance for All Victims of Chemical Warfare International Dance Day
30 Fourth Sunday Easter	1	2	3	4	5	6

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Wisdom is more than good judgement or wise thinking. Wisdom is our ability to see the world as God sees it. Sometimes, we just get a quick glimpse, but other times, we come to understand beauty, truth, mercy, and unconditional love. Not all older people become wise. But everyone has the opportunity to grow in wisdom. It is a choice we make. Choose the path toward wisdom. The result will be an increased opportunity to grow in wisdom and God's grace.

May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1 International Workers Day Domestic Violence Prevention Month	2 Saint Athanasius	3 Saints Philip & James, Apostles World Press Freedom Day	4 World Password Day	5 World Asthma Day	6
7 Fifth Sunday Easter Mother's Day World Athletics Day International Compost Awareness Week begins	8 World Red Cross Red Crescent Day	9	10	11	12 International Nurses Day	13 Our Lady of Fatima World Fair Trade Day
14 Sixth Sunday Easter National Road Safety Week	15 International Day of Families National Families Week National Volunteer Week	16 International Day of Living Together in Peace International Day of Light	17 World Telecommunications and Information Society Day	18 International Museum Day!	19 Walk Safely to School Day Timor-Leste Constitution enters into force Pink Shirt Day (New Zealand) Speak Up! Stand Together! Stop Bullying!	20 Saint Bernadine of Siena
21 Ascension of the Lord World Day for Cultural Diversity for Dialogue and Development World Communications Day Irene McCormack rsj martyred Huasahuasi Peru (1991)	22 Saint Rita of Cascia International Day for Biological Diversity	23	24 Our Lady Help of Christians, Patroness of Australia Pope Francis' Encyclical Laudato Si' (On Care of Our Common Home) (2015)	25 Saint Bede International Missing Children's Day	26 Saint Philip Neri National Sorry Day Uluru Statement from the Heart made by Aboriginal & Torres Strait Islander leaders	27 Saint Augustine of Canterbury Referendum Day (1967) National Reconciliation Week (27 May - 3 June)
28 Pentecost Sunday	29 Mary, Mother of the Church International Day of United Nations Peacekeepers	30	31 Visitation of Mary World No Tobacco Day	1	2	3

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In the second half of life, we become acutely aware of how much sand is left in our hourglass. Once we accept that a finite amount of time remains, we can begin to live with a new freedom that allows us to appreciate each moment fully and authentically. We can take comfort in the knowledge that we came from God and we will one day return to God. Set priorities for what you want to do with the rest of your life. Finish things you have left undone.

June 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 Saint Justin First day of Winter UN Global Day of Parents	2 Saints Marcellinus & Peter Beginning: Week of Prayer for Christian Unity	3 Saint Charles Lwanga Mabo Day UN World Bicycle Day
4 The Most Holy Trinity Int. Day of Innocent Children Victims of Aggression Mary MacKillop confirmed by Bishop Goold (1858) Tiananmen Square Massacre, Beijing (1989)	5 Saint Boniface World Environment Day	6 Saint Marcellin Champagnat	7 World Food Safety Day	8 World Oceans Day	9 Saint Ephrem	10 Saint Barnabas Global Wellness Day
11 Body & Blood of Christ	12 World Day Against Child Labour International Men's Health Week begins	13 Saint Anthony of Padua	14 World Blood Donor Day	15 World Elder Abuse Awareness Day	16 Sacred Heart of Jesus	17 World Day to Combat Desertification and Drought
18 Eleventh Ordinary Time Refugee Week begins (18 June - 24 June)	19 International Day for the Elimination of Sexual Violence in Conflict	20 World Refugee Day	21 Saint Aloysius Gonzaga Winter Solstice World Music Day	22 Saints John Fisher & Thomas More	23 Saint Paulinus of Nola International Widows' Day	24 Nativity of John the Baptist
25 Twelfth Ordinary Time Day of the Seafarer	26 International Day in Support of Victims of Torture International Day against Drug Abuse & Illicit Trafficking	27 Saint Cyril of Alexandria	28 Saints Irenaeus	29 Saints Peter and Paul, Apostles International Day of the Tropics	30 First Martyrs of Rome World Social Media Day	1

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Smiling has the same emotional and physical benefits as laughter. Studies show that people who smile frequently are thought of as friendlier, kinder, more competent, and more helpful. Smiles are contagious. When we smile at someone – whether we know the person or not – it almost always results in the other person smiling back. The other person experiences the same emotional and physical benefits that we experience. A simple smile could alter the course of another person's day.

July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1 Coming of the Light Festival Int. Day of Cooperatives Commencement of the Fair Work Agreement (2012)
2 Thirteenth Ordinary Time Aboriginal & Torres Strait Islander Sunday NAIDOC Day NAIDOC Week (2 - 9 July)	3 Saint Thomas, Apostle	4 Saint Elizabeth of Portugal	5 Saint Anthony Zaccaria	6 Saint Maria Goretti	7 Blessed Peter To Rot World Chocolate Day	8
9 Fourteenth Ordinary Time	10	11 Saint Benedict World Population Day	12 Aboriginal Flag first flown, Adelaide SA (1971)	13 Saint Henry	14 Proclamation of Aboriginal Flag & Torres Strait Islander Flag as official flags of Australia (1995) Malala Day (United Nations)	15 Saint Bonaventure World Youth Skills Day
16 Fifteenth Ordinary Time Detonation of the first atomic bomb, New Mexico USA (1945)	17 World Emoji Day	18 Nelson Mandela International Day	19	20 Saint Apollinaris Anniversary of the Moon Landing (1969)	21	22 Saint Mary Magdalene
23 Sixteenth Ordinary Time World Day for Grandparents and the Elderly Bible Sunday	24	25 Saint James	26 Saints Joachim & Anne, Grandparents Approval of Emancipation Bill (1833)	27	28 Fiestas Patrias, National Day, Peru National Tree Day	29 Saint Martha, Mary & Lazarus
30 Seventeenth Ordinary Time Int. Day of Friendship World Day against Trafficking in Persons	31 Saint Ignatius Loyola National Homeless Persons' Week begins	1	2	3	4	5

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The adage about an old dog's inability to learn new tricks is hogwash. During the second half of life, we often have the time and financial ability to develop new skills, acquire new knowledge, and embark on new adventures. Studies show that learning something new in the second half of life is good for the memory, our mood, and our personal growth. Make a list of things you have always wanted to learn. Think of yourself as a lifelong learner.

August 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 Saint Alphonsus Liguori World Youth Day, Portugal (1 August - 6 August)	2 Saint Peter Julian Eymard	3 Saint Dominic	4 Saint John Vianney National Aboriginal & Torres Strait Islander Children's Day Jeans for Genes Day	5
6 Transfiguration of the Lord Destruction of Hiroshima by atomic bomb (1945)	7 Aged Care Employee Day National Stroke Week (7 - 13 August 2023)	8 Saint Mary of the Cross (Mary MacKillop) International Cat Day	9 International Day for the World's Indigenous Peoples Destruction of Nagasaki by atomic bomb (1945)	10 Saint Lawrence	11 Saint Clare Red Nose Day	12 UN International Youth Day
13 Nineteenth Ordinary Time International Left-Handers Day	14 Saint Maximilian Kolbe	15 Assumption of Mary Patronal Feast New Zealand Mary MacKillop's First Communion (1850) Keep Australia Beautiful Week begins	16 Saint Stephen of Hungary	17 Swearing-in of Senator Neville Bonner as the first Aboriginal Australian to hold a seat in Federal Parliament (1971)	18 Tiwi Land Council established (1978) Vietnam Veterans Day	19 World Humanitarian Day
20 Twentieth Ordinary Time	21 Saint Pius X Election of the first women members of Australian Parliament: Edith Lyons & Dorothy Tangney (1943)	22 International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief	23 Saint Rose of Lima	24 Saint Bartholomew, Apostle	25 Saint Louis Daffodil Day Appeal (Cancer Council)	26 Rescue of 433 Asylum Seekers by MV Tampa (2001) National Dog Day
27 Twenty-first Ordinary Time Social Justice Sunday	28 Saint Augustine	29 International Day Against Nuclear Tests	30 International Day of the Victims of Forced Disappearances	31	1	2

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Everyone is born with God-given gifts and talents. The way we use our gifts and talents gives meaning and purpose to our lives. We can use our gifts and talents in selfish ways by making the world a crueler place and cutting ourselves off from God. We can take our gifts and talents for granted and drift along without any awareness of the spiritual meaning or purpose in our lives. Or we can use our gifts and talents to make the world a better place by helping other people and growing closer to God.

September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 First day of Spring World Day of Prayer for Care of Creation Season of Creation begins National Wattle Day	2 Childhood Cancer Awareness Month Indigenous Literacy Day
3 Twenty-second Ordinary Time Father's Day	4	5 Saint Teresa of Calcutta International Day of Charity	6 National Read A Book Day	7 International Day of Clean Air for Blue Skies National Threatened Species Day	8 Nativity of Mary, Mother of Jesus International Literacy Day	9 Saint Peter Claver
10 Twenty-third Ordinary Time White Balloon Day (Child Protection) World Suicide Prevention Day	11	12	13 Saint John Chrysostom Adoption by the United Nations of Declaration on the Rights of Indigenous Peoples	14 Exaltation of the Cross R U OK? Day	15 Our Lady of Sorrows World Lymphoma Day International Day of Democracy	16 Saints Cornelius, Pope, & Cyprian International Day for Preservation of the Ozone Layer
17 Twenty-fourth Ordinary	18	19	20 Saints Andrew Kim Taegon & Paul Chong Hasang & companions	21 Saint Matthew, Apostle & Evangelist International Day of Peace World Alzheimer's Day	22 Excommunication of Mary MacKillop (1871) Car Free Day	23 International Day of Sign Language
24 Twenty-fifth Ordinary Time Migrant and Refugee Sunday	25	26 Saints Comas & Damian	27 St Vincent de Paul World Tourism Day	28 International Day for Universal Access to Information	29 Saints Michael, Gabriel & Raphael, Archangels World Heart Day National Police Remembrance Day	30 Saint Jerome International Podcast Day World Maritime Day

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Jesus assured us that he came so that his joy will be in us, and our joy will be complete (John 15: 11). One of the hallmarks of Christian joy is good humour. When we hone our ability to laugh – especially at our own foibles or at amusing things that happen around us – we give ourselves a precious gift. Laughter strengthens our immune system, increases oxygen levels, reduces stress, lowers blood pressure, and makes us feel happier and healthier.

October 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Twenty-sixth Ordinary Time Int. Day of Older Persons Int. Day for Non-Violence Daylight Saving begins, 2.00am	2 ADHD Awareness Month	3	4 Saint Francis of Assisi World Animal Day World Habitat Day Season of Creation ends	5 Blessed Albert Marvelli	6 Saint Bruno Day of Celebration for Venerable Suzanne Aubert (New Zealand)	7 Our Lady of the Rosary World Dyslexia Awareness Day
8 Twenty-seventh Ordinary Time	9 Saint Denis & companions World Post Day	10 World Mental Health Day Animal Road Accident Awareness Day	11 Saint John XXIII, Pope International Day of the Girl Child	12 Blessed Carlo Acutis Patron, Youth Computer Programmers World Hospice & Palliative Care Day World Sight Day First Sea of Hands, Canberra	13 Saint Edward the Confessor International Day for Disaster Reduction	14
15 Twenty-eighth Ordinary Time International Day of Rural Women Global Hand Washing Day	16 World Food Day Anti-Poverty Week begins Restart A Heart Day	17 Saint Ignatius of Antioch Canonisation of Mary MacKillop, Rome (2010) International Day for the Eradication of Poverty	18 Saint Luke, Evangelist	19 Saint Paul of the Cross	20 World Osteoporosis Day Ride2Work Day Loud Shirt Day (Australia) Supporting & Fundraising for Kids who are Deaf	21
22 Twenty-ninth Ordinary Time World Mission Sunday World Statistics Day	23 Canonisation of Mary MacKillop, Rome (2010) International Day for the Eradication of Poverty	24 United Nations Day World Development Information Day Disarmament Week begins (24 October - 30 October)	25 International Children's Day	26 Return of Uluru to the traditional owners, the Anangu people (1985)	27 World Teachers' Day World Day for Audiovisual Heritage	28 Saints Simon & Jude, Apostles
29 Thirtieth Ordinary Time World Online Networking Day Day for Daniel (Keeping Kids Safe!)	30	31 World Cities Day	1	2	3	4

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How will you be remembered? A recent survey of people in the second half of life showed that leaving a legacy of love and moral stature was more important than a legacy of money or material possessions. You can establish a legacy by recording your deepest beliefs, teachable moments, funny stories, and most poignant moments. You can answer questions, unlock family mysteries, and provide the framework that will help younger generations make sense of their lives.

November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 All Saints World Vegan Day Movember - Men's Health Awareness Month Global Prebiotics Week	2 All Souls International Stress Awareness Week	3 Saint Martin de Porres	4 Saint Charles Borromeo Day of Prayer for Anglican-Roman Catholic Reconciliation
5 Thirty-first Ordinary Time World Tsunami Awareness Day	6 International Day for Preventing the Exploitation of the Environment in War and Armed Conflict National Recycling Week	7 Melbourne Cup	8 World Radiography Day	9 Dedication of the Lateran Basilica World Freedom Day Opening of the Berlin Wall (1989)	10 Saint Leo the Great World Science Day for Peace and Development	11 Saint Martin of Tours Remembrance Day Dismissal of the Whitlam Government (1975)
12 Thirty-second Ordinary Time	13 World Kindness Day	14 World Diabetes Day	15 Saint Albert the Great	16 Saint Margaret of Scotland International Day for Tolerance	17 Saint Elizabeth of Hungary	18 World Philosophy Day
19 Thirty-third Ordinary Time World Day of the Poor World Toilet Day	20 Universal Children's Day Adoption by United Nations of the Declaration of Rights of the Child (1959)	21 Presentation of Mary World Television Day	22 Saint Cecilia	23 Saint Columban	24 Saint Andrew Dung-Lac & Companions	25 Saint Catherine of Alexandria International Day for the Elimination of Violence Against Women Buy Nothing Day
26 Christ the King	27	28	29 International Day of Solidarity with the Palestinian People Death of Dorothy Day, Founder of the Catholic Worker Movement	30 Saint Andrew, Apostle UN Remembrance Day for all Victims of Chemical Warfare Blue Beanie Day	1	2

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Amazing things happen in the second half of life. We embark on a journey toward wisdom using all of the lessons we learned from the past, all of the joys and challenges of the present, and all of our hopes and dreams for the future. During the second half of life, we experience a new kind of freedom. Insecurities diminish. We know who we are and our strengths and weaknesses. We envision new things that we want to experience. We recognise the need to make the most out of each passing day.

December 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 First day of Summer West Papua Flag Day World AIDS Day	2 International Day for Abolition of Slavery
3 First Sunday Advent International Day of People with Disabilities	4 International Day of Banks	5 International Volunteer Day for Economic and Social Development World Soil Day	6 Saint Nicholas	7 Saint Ambrose International Civil Aviation Day	8 Immaculate Conception of Mary	9
10 Second Sunday Advent United Nations Human Rights Day	11 International Mountain Day	12 Our Lady of Guadalupe Founding of Sisters of Mercy by Catherine McAuley (1831)	13 Saint Lucy	14 Saint John of the Cross	15	16
17 Third Sunday Advent Pope Francis, Birthday (1936)	18 International Migrants Day Arabic Language Day South Australian Parliament, the first in Australia to give women the right to vote (1894)	19	20 International Human Solidarity Day	21 Passage of Native Title Bill by the Australian Senate (1993)	22 Summer Solstice	23
24 Fourth Sunday Advent	25 The Nativity of the Lord	26 Saint Stephen	27 Saint John, Apostle International Day of Epidemic Preparedness	28	29 Saint Thomas Becket	30
31 Feast of the Holy Family	1	2	3	4	5	6

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