Faith based resources and additional information:

Adopt Change:

The relevant links for further information and resources are: www.myforeverfamily.org.au – NSW www.adoptchange.org.au – national.

Renee Carter is happy to speak directly with any of the involved organisations about further information that could be helpful for your communities. Renee's details are – renee.carter@adoptchange.org.au or 0425 294 615.

ACWA

Free e-learning modules have been made available by CCWT to volunteers who work in faith-based settings. The modules are

- Engaging with Clients
- Identifying and Responding to Domestic and Family Violence
- Signs of Alcohol and Other Drug Use and Withdrawal
- Sexual Behaviour in Children and Young People
- Making Effective Referrals

To register your volunteers in these programs please email a list of names and email addresses to linda@acwa.asn.au. To register staff, at a small cost per course, go to the ACWA website via https://www.acwa.asn.au/free-online-courses/

Other CCWT programs that may be of value to your staff and volunteers are:

- The Accidental Counsellor
- Managing Challenging Behaviours
- Uncomfortable Conversations: How to talk about the elephant in the room

You can register in these by searching for the course name at https://www.ccwt.edu.au/courses

Coming soon – Recognising and responding to abuse in older people

Over coming months, ACWA will be working to develop a course on *Recognising and responding to abuse in older people and people with disability*. In this facilitated workshop, participants will learn how to recognise the signs of abuse in older people and people with disability; common forms of abuse; and provide participants with greater confidence and skills to lend support to the person involved and address the identified concerns with appropriate experts.

Ageing and Disability Commission

The ADC has modules on detecting and responding to abuse, neglect and exploitation of older people and people with disability, along with a range of helpful resources which can be found at https://www.ageingdisabilitycommission.nsw.gov.au/tools-and-resources

Robert Fitzgerald also committed to working with ACWA and faith groups to prepare some tailored materials that will be more impactful with faith communities about dealing with vulnerability and abuse.

Anglican Diocese of Sydney:

The "Know Domestic Abuse" course can be found at: https://courses.safeministry.training/know-domestic-abuse-course/

(which is on the menu at https://safeministry.training)

Examples of print resources (posters etc.) to help churches raise awareness of domestic abuse can be found at knowdomesticabuse.church

If you have any questions or inquiries, please contact Lachlan Bryant at lcb@sydenyp.anglican.asn.au.

Hillsong

Dr Rebecca Loundar (Clinical Psychologist MAPS) from Alphacrucis College has provided the slides for her *Wellbeing and Self Care Workshop which was discussed during our gathering* –which are attached to the email.

Jewish House

Rabbi Mendel Kastel has kindly provided the following references for faith leaders and communities which relate to mental health, including in the context of COVID-19.

WHO

 Practical considerations and recommendations for religious leaders and faith-based communities in the context of COVID-19. This document and risk assessment tool provides practical guidance and recommendations to support the special role of religious leaders, faith-based organizations, and faith communities in COVID-19 education, preparedness, and response.

USA

- The American Psychiatric Association (APA) established the Mental Health and Faith Community Partnership. It is a collaboration between psychiatrists and clergy aimed at fostering a dialogue between two fields, reducing stigma, and accounting for medical and spiritual dimensions as people seek care. The convening organizations are APA, the APA Foundation and the Interfaith Disability Advocacy Coalition, a program of the American Association of People with Disabilities. The partnership provides an opportunity for psychiatrists and the mental health community to learn from spiritual leaders, to whom people often turn in times of mental distress. At the same time, it provides an opportunity to improve understanding of the best science and evidence-based treatment for psychiatric illnesses among faith leaders and those in the faith community. The Partnership produced, Mental Health: A Guide for Faith Leaders.
- The <u>National Action Alliance for Suicide Prevention</u> created the Faith Communities Task
 Force to engage with a wide range of faith communities in the United States, to support
 suicide prevention. The <u>Faith.Hope.Life</u> campaign has, to date produced resources for
 American Indian, Alaskan Native, Buddhist, Christian, Hindu, Jewish and Muslim
 communities.

UK

The UK have a longer history of connecting public health and faith communities. For example, see: The Needs of Faith Communities in Major Emergencies: Some Guidelines 2005
 Faith Communities and Pandemic Flu: Guidance for faith communities and local influenza pandemic committees

Australia

The Spiritual Healthcare Association undertakes research, develops reports and guidelines
on the application of spiritual support in a range of health care and service
situations. https://spiritualhealth.org.au/

- The Royal Australian and New Zealand College of Psychiatrists (RANZCP) does not have any engagement with faith communities.
- There are existing interfaith organisations in Australia, mostly state based. These organisations appear to be a mix of Faith and community leaders from the faith.
- There is also an existing network of Chaplains the <u>Civil Chaplaincy Advisory Committee</u>
- Many Non-Government Organisations in suicide prevention have a historic faith and spirituality base, e.g. Wesley LifeForce, Lifeline, Salvation Army, Jesuit Social Services, Anglicare.

The Salvation Army

Major Melanie-Anne Holland (Major) referred to the work of Dr Julia Baird and Dr Hayley Gleeson in relation to family violence (see also related references):

- Dr Julia Baird: http://www.smh.com.au/.../doctrine-of-headship-a-distortion-o...
- Dr Julia Baird: http://www.abc.net.au/.../domestic-violence-church-su.../8652028
 <u>Dr Julia Baird:</u> http://www.smh.com.au/comment/church-cannot-afford-to-walk-past-domestic-abuse-20150312-142ja8.html
- <u>Kylie Maddox Pidgeon speaks with Julia Baird on ABC</u>
 Radio: http://www.abc.net.au/radionational/programs/breakfast/church-both-enabling-and-concealing-domestic-violence:-advocates/8718902
- Dr Johanna Harris-Tyler http://www.abc.net.au/.../harris-submission-to-your-h.../6290304
- Isabella Young (not her real name but known to FHE): http://www.smh.com.au/.../abuse-inside-christian-marriages--a...
- Rev. Dr John Dickson & Dr Natasha Moore: http://www.abc.net.au/.../moore-dickson-the-church-mu.../6300342
- ABC 7.30 Report (video and transcript): http://www.abc.net.au/7.30/content/2017/s4704681.htm
- <u>Dr Michael Bird: http://www.patheos.com/blogs/euangelion/2017/07/scourge-domestic-violence-church/</u>
- <u>Crying out for Justice: https://cryingoutforjustice.com/2017/05/05/you-werent-there-aletter-to-pastors-from-a-survivor-of-domestic-abuse/</u>
- Anglican Assistant Bishop Rev Dr Tim
 Harris: http://newanglicanism.tumblr.com/post/163150686985/pastoral-issues-and-responses-to-domestic-violence?og=1&fb action ids=10154615735682026&fb action types=tumblr-feed%3Apost
- Rev Michael Paget (sermon): https://www.barneys.org.au/talks/the-church-and-family-and-domestic-violence/Prebyterian minister, Nathan Campbell: http://st-eutychus.com/2017/domestic-violence-the-abc-and-the-spirit-of-the-reformation/Baptist Churches of South Australia Handbook: http://sabaptist.asn.au/domestic-violence-handbook/