

## An inspirational video series for Lent and Holy Week

"Dying is not simply something that happens at the end of, or to the end of living.

Dying is not the enemy of living but the servant of living.

At the heart of our lives there is a profound paradox: The surrender and letting go is a dying that allows us to live; the refusal to embrace the dying leads us away from life into death.

Life is full of these moments where living and dying intersect".

(Michael Whelan SM)

These are some of the key reflections that Michael Whelan opens up for us with insight, depth and relevance in this 6-episode video series, available now in the *Emmaus Online Video Prayer and Meditation Library.* 

## Follow the link below for more information and to view a sample of the video series.

https://www.emmausproductions.com/online-video-prayer-meditation-library/online-video-series/
the-cross-dying-that-leads-to-life/