

## NEWS

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### **CRA WRITES TO MINISTER RE COVID-19 VACCINATION FOR ELDERLY COMMUNITIES OF RELIGIOUS**

Last week, CRA wrote to the Minister for Health and Aged Care, the Hon Greg Hunt MP, in relation to access to the COVID-19 vaccines for elderly members of religious institutes. CRA argued that they should be entitled to the same Commonwealth led in-reach workforce that will ensure residential aged care and disability care residents and staff receive their vaccines. Read the full [CRA letter here](#).

### **INSTRUMENTUM LABORIS RELEASED FOR PLENARY COUNCIL JOURNEY**

The document, known as an *instrumentum laboris* is the working document for the Fifth Plenary Council of Australia. On Thursday 25 February, *Continuing the Journey*, the *instrumentum laboris* was published. The document draws on the voices heard during the Listening and Dialogue and Listening and Discernment phases of the Plenary Council, but also from other key sources. Read the [Plenary Council media release here](#). *Continuing the Journey* can be accessed [by clicking here](#). The Reflection Guide [can be accessed here](#). A podcast series, starting with interviews of members of the instrumentum laboris writing team, [has also been launched today](#).

### **\$3.57 A DAY WON'T LIFT ANYONE OUT OF POVERTY**

Catholic Social Services Australia (CSSA) says the Government's decision to increase the Jobseeker and Youth Allowance payments by only \$50 per fortnight will perpetuate long-term disadvantage. Read the [CSSA media release here](#).

### **JOBSEEKER DECISION CONDEMNS THOUSANDS TO POVERTY**

The National Council of the St Vincent de Paul Society in Australia has condemned the Federal Government's decision today to slash unemployment benefits to a rate barely more than the old Newstart. [Read the media release](#) here.

### **TIME FOR A HOME**

[TimeForAHome](#) is a campaign that aims to mobilise the Australian community to demand freedom and permanent resettlement for refugees who are subject to offshore detention. There are different ways you can [support or get involved](#) with this campaign, listed on their website.

### **EARTH HOUR – 27 MARCH**

You are invited to switch off your electricity from 8.30pm to 9.30pm (local time) on Saturday 27th March 2021 as a symbolic gesture of solidarity to show you care about the planet's future. Earth Hour organisers are encouraging people to make the #SwitchforNature to support Australia's switch to a renewables-based economy. [Read more here](#). See [CRA's Earth Hour flyer](#) with suggestions on how you can participate.

## ACRATH ANNUAL REPORT

Read the Australian Catholic Religious Against Trafficking in Humans' [Annual Report here](#).

## UNANIMA INTERNATIONAL

UNANIMA International is a non-governmental organization advocating on behalf of Women and Children, Homeless and Displaced, Migrants and Refugees, and the Environment primarily at the United Nations. They aim to educate and influence policy makers at the global level and work for systemic change to achieve a more just world. Read their [February newsletter here](#). (The date on the newsletter was accidentally not changed.)

## EVENTS/WEBINARS

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### 8 MARCH: INTERNATIONAL WOMEN DAY

Marked annually on 8 March, International Women's Day (IWD) is one of the most important days of the year to celebrate women's achievements; raise awareness about women's equality; lobby for accelerated gender parity and fundraise for female-focused charities. There are many organisations and individuals in Australia and around the world, celebrating IWD; here are a few ways you can celebrate and participate.

[International Women's Day](#) is a global day to celebrate the social, economic, cultural and political achievements of women. #Choose to Challenge is the theme for 2021. We can all choose to challenge and call out gender bias and inequality; seek out and celebrate women's achievements; and collectively, help create an inclusive world.

UN Women Australia represents the United Nations Gender Equality agency; their theme is #womenlead. They are hosting five live events on Friday 5 March in Sydney, Melbourne, Canberra, Brisbane and Perth and live streaming the events concurrently. Australian of the Year [Grace Tame](#) will be the headline speaker, along with a diverse range of inspirational women leaders. [Find out more and register here](#).

- Event: **SISTERS... UNVEIL YOUR TRUTHS – WE ARE ALL PRIESTS AND PROPHETS**
- Date: Monday 8th March 2021
- Time: 11:00am CET                      9.00pm AEDT (NSW, VIC, TAS)                      8.30pm ACDT (SA)  
8.00pm AEST (QLD)                      7.30pm ACST (NT)                      6.00pm AWST (WA)
- Organisers: Voices of Faith and missio Aachen
- Format: Online meeting of prayer, reflection and prophetic voice of religious sisters from around the globe, including CRA Vice President, Patty Fawkner SGS representing Australia. [Read more](#) about the event and speakers.
- Registration: [Click here to register](#) and receive the video link

### SISTER, WHAT DO YOU SAY? SOCIAL MEDIA CAMPAIGN

Voices of Faith and missio Aachen have collected voices from religious sisters around the globe and will launch a joint campaign on social media "Sister, what do you say?" to celebrate female religious life

and empower religious women to share their life experience and struggles within the Church structures. Each day from 1st-14th March we will share their responses via the [Voices of Faith](#) and [missio Aachen](#) facebook pages.

**Event: WOMEN AND LEADERSHIP IN THE CHURCH - LECTURE**

Date: Wednesday 17 March 2021

Time: 5.30pm (6pm start) to 8pm AEST

Topic: What could and should the Church look like in the future? What kind of leadership does that imply? What needs to change? And what is the role women have and need to develop more in helping to make this happen?

Venue: ACU Leadership Centre, Level 3, Cathedral House, 229 Elizabeth Street, Brisbane

Cost: Full \$80/Concession \$55 (includes light meal and drinks)

Online: Free to participate

Registration: [Register here](#) for face-to-face or online

**ONLINE TWILIGHT RETREAT**

Date: 23 March 2021

Theme: St Joseph the Educator

Format: An online retreat - a short respite in a busy week, offering time for reflection, brief input, sharing in small groups, and connecting with others

Organisers: Lasallian Mission Council

Information: For further information, [click here](#)

Registration: Free of charge, [register here](#)

**CRA EVENTS**

- [CRA NSW Leaders and Teams Dinner](#) - 25 March 2021, Sydney, NSW
- [CRA Professional Development & Networking Day for Administrators](#) Monday 3 May, Sydney, NSW
- [CRA 2021 National Assembly](#) Monday 2 – Thursday 5 August, Sydney NSW. Registrations will be open next week – you will receive a notification.

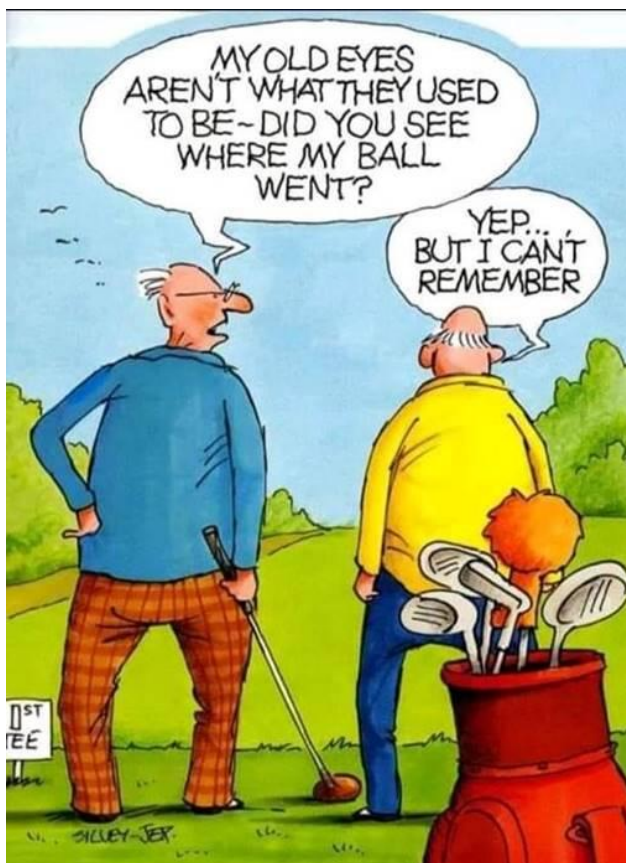
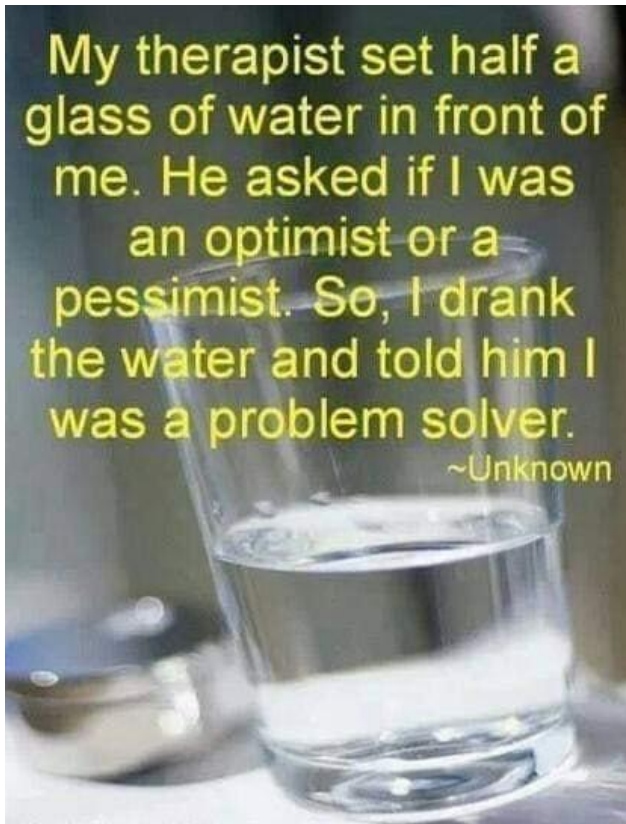
## RESOURCES

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**VACCINES, VIRUSES AND VULNERABILITIES: CATHOLIC HEALTH AND CARE OF THE HUMAN PERSON**

This filmed seminar concerns the roll-out of the vaccine from a global perspective and the impact on mental health, public health, solidarity, and the global response to the pandemic. There is a call for a global response and a focus on the global family. Watch the event online [here](#).

## LAUGHTER THERAPY



## DIET DAY 1:

I HAVE REMOVED ALL THE BAD FOOD FROM THE HOUSE. IT WAS DELICIOUS.

Did you know that 14 muscles are activated when opening a bottle of wine? Fitness is my passion 😎

Got up at 5am, 8km run completed, Came back prepared a vegetable smoothie for breakfast...

Don't remember the rest of the dream...