

Prayer

## Following

Above all, follow the footsteps of Jesus.  
We can quite easily find ourselves lost on many different paths.

We should like to always think we are on the best path.

We are impatient of being on the way to something unknown, something new.

And yet it is that real growth happens as the pilgrim discovers the way through trial and error -  
and that may take a very long time.

And so I think it is with you;  
your desire deepens gradually - keep in touch with it, let it alert your very being to who you are.

Don't try to force anything on,

as though what was relevant years ago  
will still fit for tomorrow.

Only Jesus could say what this new spirit  
gradually forming within you will be.  
Follow in Jesus footsteps, one at a time,  
fitting your footprint inside of each fresh  
print he makes just for you and let  
yourself be led by love into the heart of  
the matter.

Rachel McLoughlin ibvm.

paraphrase Trust by Pierre Teilhard de  
Chardin SJ