

Program

“Understanding Diabetes”

CRA Health & Wellbeing Seminar 2024

EVENT DATE: Wednesday, 17 April 2024 from 9:30 am until 3:30 pm
FORMAT: In person
LOCATION: Peter Cosgrove Centre, ACU, Level 18, Tenison Woods House,
8 - 20 Napier Street, North Sydney NSW 2060

8:45 am	<i>Registration</i>
9:30 am	Welcome, Housekeeping, and Introductions Acknowledgement of Country and Gathering Prayer
9:40 am	I: Diabetes in the Spotlight: Unravelling the Intricacies of Diabetes – Penny Morris & Wendy Bryant
10:25 am	Table discussion and Q&A
10:45 am	<i>Morning tea</i>
11:15 am	II: Navigating the Plate for Diabetes Wellness Input on Nutrition for Diabetes – Lara Mathers
12:00 pm	Table discussion and Q&A
12:20 pm	III: Understanding the impact of language in diabetes care – Wendy Bryant
12:40 pm	<i>Lunch</i>
1:35 pm	IV: Lived Experience of Diabetes – Gabrielle Riches
1:55 pm	Table discussion and Q&A
2:15 pm	V: Options in Managing Diabetes – Wendy Bryant & Penny Morris
3:00 pm	Table discussion and Q&A
3:20 pm	Wrap up and thanks
3:30 pm	Seminar closes